

MAHARISHI UNIVERSITY OF MANAGEMENT  
DEPARTMENT OF PHYSIOLOGY AND HEALTH

AWARDS

*Randi Eriksen*

For successful completion of the certificate program to teach the Maharishi AyurVeda Based Course

**YOUR HEALTHY GUT**

**M**aharishi AyurVeda (MAV) is the most ancient holistic system of natural health care. The course, Your Healthy Gut, is based on the integration of the knowledge of Maharishi AyurVeda with the latest findings from integrative medicine. It examines such topics as: the microbiome, gut health, digestion, and our most current understanding of food sensitivity and intolerance. This certifies that the student is qualified to teach this course and lead discussions on the application of Maharishi AyurVeda for improving gut health and digestion as a basis for creating ideal physical and mental health.

Presented this 2ND day of APRIL, 2019 in Fairfield, Iowa

*Keith Wallace*

KEITH WALLACE, PhD  
CHAIR OF THE DEPARTMENT

*Paul Morehead*

PAUL MOREHEAD, PhD  
ASSOCIATE DEAN OF COLLEGE  
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